

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1	2	3	4	5		
		T 6:00am X-Core Boot Camp** 8:30am Body Ballet Burn-Kat 9:30am RIPPED-Jill T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am RIPPED-Jill 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith 9:00am Spin-Jessi T 10:00am X-Core Boot Camp**	T 8:30am X-Core Boot Camp** 8:30am RIPPED -Jill 10:15am Fight Club - Andie		
	6	7	8	9	10	11		
	<i>Natalie is taking over Body Ballet Burn on Tuesdays at 8:45am! It is a 30 minute intense class designed to build long and lean muscles!</i>	9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:00pm Yoga-Marie-Anne	T 6:00am X-Core Boot Camp** 8:45am Body Ballet Burn-Natalie 9:30am RIPPED-Jill T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** NO STUDIO BARRE MIXX TONIGHT	8:00am PiYo-Meredith 9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am RIPPED-Jill 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith 9:00am Spin-Jessi T 10:00am X-Core Boot Camp** 6:00pm-Special 90 min. Class-Lisa Details to come!!	T 8:30am X-Core Boot Camp** 9:00am RIPPED -Jill 10:15am Fight Club - Andie	
		13	14	15	16	17	18	
			9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:00pm PiYo/TurboKick-Meredith	T 6:00am X-Core Boot Camp** 8:45am Body Ballet Burn-Natalie 9:30am RIPPED-Jill T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am RIPPED-Jill 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** NO DEEP STRETCH TONIGHT!	8:00am PiYo-Meredith 9:00am Spin-Jessi T 10:00am X-Core Boot Camp**	T 8:30am X-Core Boot Camp** Farmer's Market location! 9:00am RIPPED -Jill 10:15am Fight Club - Andie
			20	21	22	23	24	25
			9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:00pm Yoga-Marie-Anne	T 6:00am X-Core Boot Camp** 8:45am Body Ballet Burn-Natalie 9:30am RIPPED-Jill T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am RIPPED-Jill 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith 9:00am Spin-Jessi T 10:00am X-Core Boot Camp**	T 8:30am X-Core Boot Camp** 9:00am RIPPED -Jill 10:15am Fight Club - Andie
			27	28	29	30		
	Gym Schedule (unless otherwise noted) Mon-Thurs: 6am-8pm Friday: 6am-7pm Saturday: 8am-1pm Sunday: CLOSED **Add'l charge for Bootcamps		9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:00pm Yoga-Marie-Anne	T 6:00am X-Core Boot Camp** 8:45am Body Ballet Burn-Natalie 9:30am RIPPED-Jill T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Club Vibe-Jill T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie			
								