

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
<div data-bbox="115 121 357 203" style="border: 1px solid black; padding: 5px; display: inline-block;"> Gym Schedule (unless otherwise noted) Mon-Thurs: 6am-8pm Friday: 6am-7pm Saturday: 8am-1pm Sunday: CLOSED **Add'l charge for Bootcamps </div> <div data-bbox="388 113 1449 381" style="text-align: center;"> </div> <div data-bbox="1470 129 1722 381" style="color: red; text-align: center;"> <p>No RIPPED on Saturday, July 1st! Please join Kara at 8:30am for a 1 time only FREE Boot Camp workout!</p> </div>						<div data-bbox="1732 113 1995 381"> <p>T 8:30am X-Core Boot Camp** Join BootCamp at 8:30am!! 10:15am Fight Club - Andie</p> </div>			
2	3	4	5	6	7	8			
Try Something New!! Thursdays TurboKick by Meredith 9:30am Body Chisel by Chad 10:30am	NO CLUB VIBE TODAY! T 9:30am X-Core Boot Camp** 10:30 Core Sculpt-Darcy 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:30pm Yoga-Marie-Anne	Gym-Wide Workout 9am 	8:00am PiYo-Meredith 9:30am Body Ballet Burn-Kat T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am TurboKick-Meredith 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE - Robert T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith T 10:00am X-Core Boot Camp** T 12:00 TRX Fusion-Chad	T 8:30am X-Core Boot Camp** 9:00am TurboKick-Meredith 10:15am Fight Club - Andie			
	9	10	11	12	13	14			
	<i>Tuesdays 8:30am Body Ballet Burn 45 min. intensive-class using ballet-inspired moves to build long lean muscles!</i>	9:30am Dance Jam- Ashley T 9:30am X-Core Boot Camp** 10:30 Core Sculpt-Darcy 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:30pm Yoga-Marie-Anne	T 6:00am X-Core Boot Camp** 8:30am Body Ballet Burn-Kat 9:30am Muscle Mania-Mizelle T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Dance Jam- Ashley T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am TurboKick-Meredith 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne	8:00am PiYo-Meredith T 10:00am X-Core Boot Camp** T 12:00 TRX Fusion-Chad	 Sign up Online NOW!		
		16	17	18	19	20		21	
			9:30am Dance Jam- Ashley T 9:30am X-Core Boot Camp** 10:30 Core Sculpt-Darcy 5:30pm Muscle Mania-Mizelle T 6:30pm X-Core Boot Camp** 7:30pm Yoga-Marie-Anne	T 6:00am X-Core Boot Camp** 8:30am Body Ballet Burn-Kat 9:30am Muscle Mania-Mizelle T 12:00pm X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 7:00pm Studio Barre Mixx-Lisa	8:00am PiYo-Meredith 9:30am Dance Jam- Ashley T 9:30am X-Core Boot Camp** T 6:30pm X-Core Boot Camp** 6:30pm HIIT Boxing - Andie	T 6:00am X-Core Boot Camp** 9:30am TurboKick-Meredith 10:30am Body Chisel-Chad T 12:00pm X-Core Boot Camp** 5:30pm MOVE/Booty Works-Julian T 6:30pm X-Core Boot Camp** 6:30pm Deep Stretch-Marie-Anne		8:00am PiYo-Meredith T 10:00am X-Core Boot Camp** T 12:00 TRX Fusion-Chad	T 8:30am X-Core Boot Camp** 9:00am TurboKick-Meredith 10:15am Fight Club - Andie
			23	24	25	26		27	28
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30				31					
Same as above									